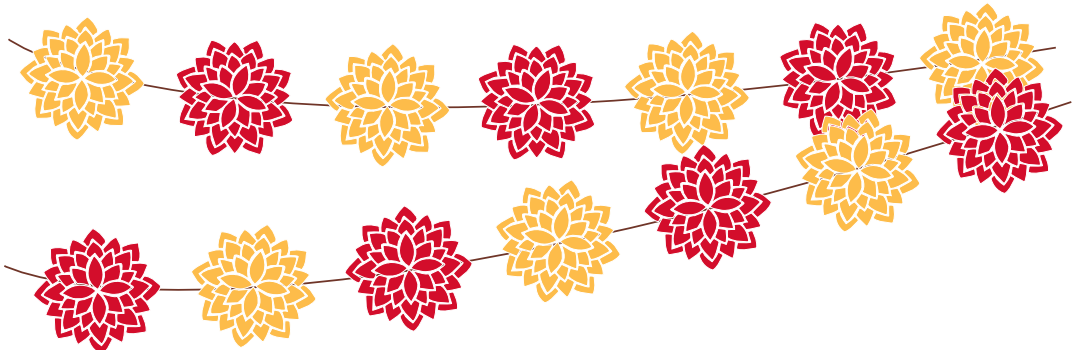




# AROGYA WORLD

6th Annual Chicago Fundraising Gala

Friday, April 27, 2018





*Welcome to the Sixth Annual  
Fundraising Gala*

Friday, April 27, 2018  
Burlington Room at Chicago's Union Station

Honoring  
**The Hans Foundation**

*Program*

Cocktail Reception

Welcome Remarks

Gala Honoree Award

Accepted by Shweta Rawat, The Hans Foundation

"Fund our Mission" Auction

Dancing to the Music of Funkadesi



*Gold Sponsors*



*Silver Sponsors*



*Bronze Sponsor*



*Auctioneer*

Courtesy Of



*Gift Bag Sponsor*



## *Wine Sponsors*

Minnie and Anil Kumar

## *Benefactors*

Neeru and Sanjeev Arora

Seema and Raj Bhatia

Nalini and Ravi Saligram

## *Patrons*

Barbara Levy Kipper

Heather and Randy Nornes

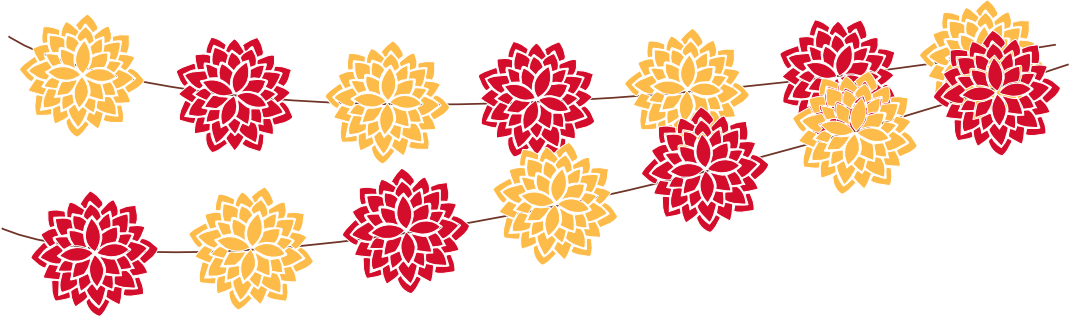
Ragini Shekhawat

## *Friends*

Anu and Arjun Aggarwal

Kathy and Chuck Harper

Tanuja and Rajeev Rathi



## *Gala Committee*

Neeru Arora\* - Gala Chair

Linda Barr, Seema Bhatia\*

Heather Nornes\*, Cybil Rose, Nalini Saligram\*

\*Arogya World Chicago Board Member

## *Emcee*

Carrie Hutchison, Arogya World

Music by

**FUNKADESI**

## *Community Partners*



# *Gala Honoree*

## **The Hans Foundation Mrs. Shweta Rawat, Chairperson and Co-founder**

Mrs Sweta Rawat's family along with Manoj Bhargava, founded The Hans Foundation in 2009. She has played a key role in defining the goals and direction of the organization. Since its conception, The Hans Foundation has funded social initiatives and projects in areas of healthcare, women empowerment, livelihood, disability, and education across India.

Describing The Hans Foundation's vision, Ms. Rawat explains, "The foundation's aim is to provide equal access to quality facilities for healthcare and education, and to provide a dignified livelihood to all people, regardless of age, gender, caste and religion. From mobile health clinics and hospitals, to drinking water purification at a village level, the foundation has taken a comprehensive approach to healthcare."

In addition, Ms. Rawat has emphasized the importance of enhancing agriculture in impoverished communities, as it is a key element in both health as well as income generation. The foundation has also supported numerous large projects for education, from mid-days meals to computer training courses to full adoption of schools. Ms. Rawat stresses disability projects as a key part of The Hans Foundation's efforts. Having taken on a highly diversified portfolio of projects, Ms. Rawat has ensured that The Hans Foundation reaches out to all marginalized communities in need of support.

Mrs Sweta Rawat has a B.A. in International Relations from American University in Washington DC and a M.A. in Human Rights and Politics from City University, UK.



## *What People are Saying about Arogya World*

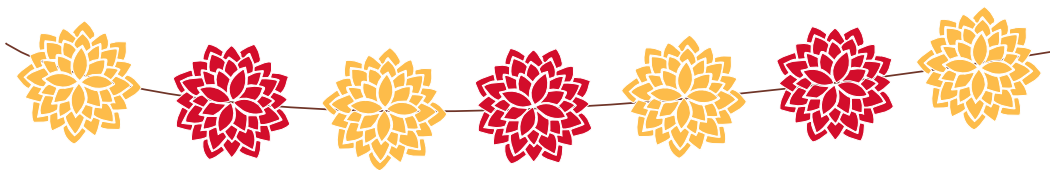
*"Your work is important. And you work tirelessly. I so admire you for this. I am happy to be a supporter."* -- **Chicago Gala Attendee**

*"My fellow peer-leaders and I are required to regularly check the tiffin-boxes of our classmates. Now, after the Arogya World Schools' programme, we have observed that many students bring healthy food rather than fried or oily food in their tiffin boxes."* -- **Karan, Class VII**

*"My father who has diabetes did not previously go for his walk regularly and was not careful about his diet and weight. These Arogya World text messages have helped me gain better understanding of diabetes which I use to help my father have a better life. I now make him go for a walk everyday and have added more healthy food items in his diet."* -- **Karthik, 29 years**

*"A very lean but extremely dedicated and mission aligned team- not doing this for money, they work well and learn from each other."* -- **Healthy Workplace Stakeholder**

*"Arogya World's school program activities are very simple, good and child friendly. Any child who goes through these activities will remember the lessons for their lifetime."* -- **Mr. Uday, Agastya International Foundation**



## *Auction*

*100% of your contribution will go directly to support Arogya World programming. 100% of the live auction proceeds will be matched dollar for dollar by an anonymous donor!*

**EXCLUSIVE SOMMELIER GUIDED TASTING EXPERIENCE FOR TEN AT A HIGH END NAPA WINERY**  
We're bringing Napa Valley to Chicago just for you! Treat yourself to an exceptional evening with a professionally guided tour of top wines from Italics!

Located in Coombsville east of downtown Napa, Italics Winegrowers is a luxury producer of Bordeaux varietals and blends from Napa Valley. The winery employs estate winemaking to highlight the best of what Napa Valley has to offer.

The Italics portfolio offers tasters the opportunity to experience the breadth of Bordeaux varietals that grow on their Coombsville estate. But their ambition doesn't end at the property line; they also produce Appellations, a wine blended with fruit from each of Napa Valley's AVAs. Oakville, Rutherford, St. Helena... Spring, Diamond and Howell Mountain—they're all represented in this unorthodox and deeply satisfying wine.

Italics' highest volume wine, the estate Cabernet, is about 500 cases. Everything else is minuscule—two to ten barrels' worth at the most. So, not only will you and your guests increase your wine knowledge you will also sample exquisite and rare wines. The tasting will take place at a convenient, downtown Chicago location on a date to be mutually agreed upon with the donor and the winery.





### FOUR NIGHTS IN LOS CABOS

Club Regina Los Cabos rises above the shoreline where the Sea of Cortez meets the Pacific Ocean. Every unit faces the ocean and the stunning views from Club Regina Los Cabos are something to behold. From November through March, it is unusual not to see whales playing in front of the resort. The resort is a mecca for those seeking the best under the Baja sun - from championship golf courses to some of the best sports fishing in the world. Featured amenities include four swimming pools, recreational activities, on-site dining and intra-resort shuttles. Cabo San Lucas offers a wide variety of international and local culinary experiences as well as an incredible nightlife. This is where great memories begin!

This Villa sleeps four people as there is a king size bedroom and a double pull out bed. There are two bathrooms and a kitchenette. This prime property is being offered for four days and is available Thursday - Monday with stay dates to be mutually agreed upon with the donors.



### YOUR CHANCE TO OWN ART FROM A RISING STAR ON THE CHICAGO ARTS SCENE

Get your own commissioned piece of art from an up-and-coming Chicago artist! Sarah Livingston is a rising star in the art world. She studied at the Art Institute of Chicago and was accepted into the art program at Columbia College. Her work is already being sold nationally and will be sure to be a hit in years to come.

Sarah is from Ohio, growing up in a large family of six, which sparked her interest in exploring the human mind through painting. Her work is described as youthful and impulsive. Most of her inspiration comes from people and energies she sees and feels in the world. She works in different styles to challenge her limits.



### BIG APPLE GET AWAY!

Take a bite out of the big apple with this fabulous New York City getaway for two! It's all included...

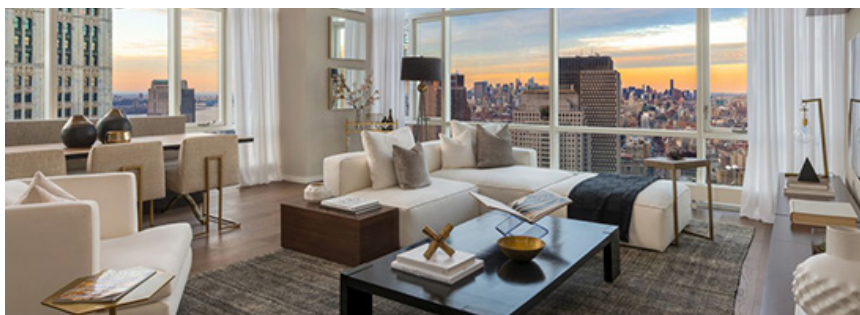
- a four-night stay in a trendy NYC apartment at the incomparable Beekman Residences located in one of New York's most exciting neighborhoods near Tribeca, the Freedom Tower, top restaurants and high end shopping. The two-bedroom apartment has been decorated by Duncan Hughes Interiors and has phenomenal city views.

- Drinks for two at the legendary Beekman Hotel
- Dinner for two Michelin starred Indian restaurant Junoon

and

- Two tickets to the Broadway show of your choice round out this generous and sensational package!

The apartment is available Thursday - Monday on dates that are mutually agreed upon with the donors. All reservations are subject to availability and advance notice is required. Air Fare is not included.



# *Your Bid, Your Impact*

**You can double your impact! 100% of the Fund our Mission proceeds will be matched dollar for dollar by an anonymous donor!**

In general, it takes about \$.50 to help us reach one person with our programs. A pretty cost-effective solution! And a very supportive donor has agreed to match all of the paddle raises for our gala auction.

- \$2,500 will reach 5,000 people with text and voice messages, available in 12 languages, with our mDiabetes program. With the match, that means your gift will be doubled – reaching 10,000 people!
- \$1,500 will help Arogya World promote MyThali. MyThali is targeting and empowering women to make healthy meals for themselves and their families. With the match, your \$1,500 gift will reach about 6,000 women in urban India.
- Behavior change—getting people to increase physical activity and improve dietary intake is the prime challenge in diabetes prevention. To be effective, we must reach young children before their lifestyle habits are fully established. Healthy Schools reaches children ages 11-14 with school-based activities. We are working with partners in rural India. \$1,000 will provide materials for 4,000 children next year.
- \$500 will help us reach 2,000 people with any of our programs.
- With \$250, we can reach 1,000 with mDiabetes, MyThali or Healthy Schools. Even \$250 can make a big difference in improving health behaviors and preventing NCDs.



# TOGETHER WORKS BETTER

Cigna is proud to partner with Arogya World and support its extraordinary efforts to enhance the well-being of people in India and beyond. Together, we're making our world a stronger, healthier place to live. [Cigna.com](http://Cigna.com)



**Together, all the way.®**

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# About Arogya World

**Non-communicable diseases, NCDs, which include heart disease, diabetes, cancer and chronic lung diseases, are among the greatest health and development challenges of the century.** Today 2/3rds die from NCDs. In India the NCD burden is massive – 20% of the population has one NCD, 10% more than one. Indians develop diabetes at least 10 years earlier than Americans.

Fortunately, these diseases are preventable – **according to World Health Organization, 80% of heart disease, 80% of diabetes and 40% of cancers can be prevented with 3 lifestyle changes – avoid tobacco, eat healthy foods and increase physical activity.** Prevention of NCDs through healthy living is at the core of all Arogya World's work.

We follow a **doorstep health model** and take prevention to people where they live and learn and work. In India, we have programs in schools and workplaces and reach people deep in the community with text messages, mobile apps, and other tools.

We are grateful for funding from The Hans Foundation (THF), which has allowed us to expand our proven programs in India.

1. With THF support, our schools program (which previously showed 14% impact) is well on its way to educating 100,000 6th and 7th grade children in North and South India, in government and private schools, in urban and rural settings, on healthy living. Our partners are Hriday and Agastya International Foundation.
2. We are also starting to educate consumers (300,000 over 3 years) on diabetes prevention in rural South India with mDiabetes text and voice messages, partnering with Aravind Eye Hospitals. Our mDiabetes program has previously shown 15% behavior change impact.





Arogya World is a Chicago-based global health non-profit organization working to prevent non-communicable diseases (NCDs)—diabetes, heart disease, cancer and chronic lung diseases—through health education and lifestyle change. Through the organization’s programs and advocacy efforts, Arogya World helps people lead healthier lives. Our mission is reflected in our name: “Arogya” in Sanskrit means to live a life without disease. The charity works in India using a multi-pronged community approach, taking prevention to where people live, learn and work. We are also bringing our India approaches to Chicago, helping South Asians here prevent diabetes.



**AROGYA**  
WORLD

[www.arogyaworld.org](http://www.arogyaworld.org)

